



Introduction

The fellowship programme is run through the Joint Committee on Surgical Training (JCST).

Fellowship posts are open to all higher surgical and where appropriate, non-surgical trainees, that meet the person specifications. Details of eligibility are found through the [JCST](#).

Any unit applying to host Training Interface Group fellows must have trainer representation from all parent specialties.

Applicant units are required to be able to deliver the TIG curriculum and adhere to the quality indicators (QIs). The curriculum can be found on the [ISCP website](#) in the curricula of the most relevant parent Specialties (as mentioned above) and the QIs are listed on the [JCST website](#).

The data included in the form below is an extract of the data submitted by the unit in their application to become a TIG unit.

Norfolk and Norwich University Hospitals NHS Foundation Trust, Training Interface Group fellowship post in Hand Surgery

Unit Lead Trainer:

Name
Adrian Chojnowski

Local Educational Provider (LEP)

Main hospitals/trusts involved with teaching (base units):

	Hospital/Trust A	Hospital/Trust B	Hospital/Trust C
Name of Trust	Norfolk and Norwich University NHS Trust		
Address of Trust	Colney Lane Norwich NR4 7UY		

Peripheral units (if to be visited by trainee):

	Hospital/Trust N	Hospital/Trust O	Hospital/Trust P
Name of Trust			
Address of Trust			

LEP Consultants / Trainers

Primary Educational Supervisor (may be a trainer):

Main Trainer(s) involved with fellowship:

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A main trainer must undertake more than five programmed activities (PA) in their job plan and they must also be a surgeon primarily in the relevant sub-specialty area and recognised by the GMC as a trainer. At least one trainer from each specialty must have five years full time experience in the NHS.

List of parent Specialties of main trainers:

Parent Specialty	Number of main trainers from this Specialty
Orthopaedics	4
Plastics	4

Other Trainer(s) involved with fellowship:

Parent Specialty	Number of other trainers from this Specialty
Musculoskeletal Radiology	3
Hand Therapy	4

Any other Specialties who are members of the multidisciplinary team not already mentioned as appropriate to the TIG:

Specialty	Trust A (numbers)	Trust B (numbers)	Trust C (numbers)

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Indicative Timetable

The fellow should be based at the main hospitals/Trusts for most of their educational activity but one session (professional activity) may occur outside these units each week. A trainee may work for 48 hours per week and if there is no on-call, all this time may be used for training.

Below is an indicative timetable that indicates the type of proposed activity and includes supporting professional development (SPD). SPD should be one half day each week. Please note that the timetable must be compatible with the Quality Indicators specific to the relevant TIG. All Quality Indicators may be found online at: <https://www.icst.org/training-interface-groups/quality-processes/>

Types of activity

Combined outpatient clinic (COC)

Other outpatient clinics (OOC)

Operating theatre (Th)

Multi-disciplinary team meeting (MDT)

Supporting Professional Development (SPD)

Teaching ward round (WR)

Research activities (RA)

Please indicate the activity and the trust, for example, MDT (A) or Th (B).

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	OOC Orthopaedics AJC	OOC Plastics	Th Hand Trauma	SPD	Th Elective Hand/wrist AJC or Th Paed		
Afternoon	RA	Th Elective Hand AJC	MDT hand therapy MDT Radiology COC New Patient	Th Elective Hand	Th Hand Trauma Plastics or Paediatric OOC		
Evening							

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Training Delivery

Please an overview of the Unit's TIG Fellowship Training Delivery plan:

The hand fellowship at the Norfolk and Norwich University NHS Trust Hospital is an amazing opportunity to learn hand surgery. The fellow is supernumerary and has no service commitment yet will have many opportunities to see new and follow patients that they have operated upon, 5 operating lists a week, 2 MDT's (Hand therapy and Musculoskeletal upper limb radiology) and research opportunities with a Bluespier database of patients. A virtual finger fracture clinic is run in hand therapy which the fellow can lead. 8 consultant trainers (4 plastics / 4 orthopaedics) are involved in facilitating the fellows' learning including adrian chojnowski who is the educational supervisor / lead trainer. A recent fellow's logbook revealed 474 cases in 1year including 36 trapezectomies, 21 arthroplasties, 27 fusions, 4 replants, 2 free flaps, copious Dupuytren's surgeries and very, very few carpal tunnel decompressions! The fellow should leave not only with improved surgical skill set and confidence but also exposure to more progressive aspects of managing a unit. Reflection is encouraged not only in personal performance but how the fellow can conquer the challenges of their early years of consultancy. The fellow organises 4 journal clubs and attends 2 meetings of the East Anglia hand club a year as well as attendance at BSSH events / TIG training days. Norwich is a great city to live in – come on over.